

### OMEO REGION NEWS SHEET



Wednesday 21 August 2024

AN OMEOSHIRE LIONS CLUB PROJECT

20 Cents

SERVING ENSAY, SWIFTS CREEK, OMEO. BENAMBRA, DINNER PLAIN.

#### **NEWSHEET ENQUIRIES:**

Email: newsheet@omeo.org.au Phone: 5159 1515 ..... www.omeo.org.au Post: P.O. Box 182 Omeo 3898

### **Medical Services-Omeo Region**

For URGENT Medical Care call 000 Omeo Medical Centre Please Phone: 51 590 140 To arrange an appointment

Monday to Friday 8.00am—5.00pm Pathology: Collection Monday to Friday 8.00 am—9.00am

by appointment only

### OMEO COMMUNITY HUB LUCKY NUMBERS

No 11 ... Pippa 45 ... Carter Bloom

### **SNAPDRAGONS JOKE**

A businessman flying first class is sitting next to a parrot. The plane takes off and the parrot orders a Glenlivet, neat. The businessman asks for a Coke. After a few minutes, the bird yells, "Where's my scotch? Give me my scotch!" The flight attendant rushes over with their drinks. Later, they order an other round. Again, the bird gives the crew grief for being slow and the businessman joins in,

"Yeah, the service stinks!"

Just then, the flight attendant grabs the pair, opens the hatch and throws them out of the plane. As they hurtle towards the ground, the parrot says to the terrified man, "Wow, that took a lot of guts for a guy with no wings."

#### Weather

Wed 8/21	Thu 8/22	Fri 8/23	Sat 8/24	Sun 8/25	Mon 8/26	Tue 8/27	Wed 8/28
54°   46°F	54°   42°F	59°   42°F	60°   47°F	61°   52°F	56°   47°F	57°   49°F	56°   41°F
				<i>///</i>	////		///
Partly Cloudy	Partly Cloudy	Mostly Sunny	Partly Cloudy	PM Showers	Rain	Mostly Cloudy	Light Rain
AM 0 in	0 in	0 in	0 in	<ul><li>0.28 in</li></ul>	0.28 in	0.08 in	<ul><li>0.28 in</li></ul>

### **District Diary**



### The Dragon is here at the Courthouse

Wednesday 21<sup>th</sup> August

Omeo to Bright Bus..departs Omeo 8.00am return 3.20pm Lego Club Omeo Library......3.30pm-4.30pm

Thursday 22nd August
Omeo Opportunity Shop Open......11.00am-3.00pm

Friday 23rd August Omeo to Bright Bus...departs Omeo 8.00am return3.20pm

Saturday 24<sup>th</sup>August

AA. meeting 1<sup>st</sup> Saturday of month, CFA rooms ......2.00pm Omeo Opportunity Shop Open......11.00am–3..00pm Chiropractor. Richard Howden Swifts Creek. Design Workshop Community Center Swifts Creek

Sunday 25<sup>th</sup> August

Monday 26<sup>th</sup> August

Omeo to Bright Bus depart....Omeo 8.00am return3.20pm The High Country Singers Omeo Shire Offices......2-3.30 pm

Tuesday 27<sup>th</sup> August

Listen with Lorna live radio O.S.C.A.R. fm ...12.00-2.00pm

NB

"When I read about the evils of drinking, I gave up reading"

Amicus.

Omeo Medical Centre
Charles Luiz & Howard Goldburg
Please note some days are via telehealth
Phone:5159 0140





"SPEAK TO YOUR LOCAL PHARMACIST" 186 Day Avenue. Omeo. 3898 PH: 03 51591663 FAX: 03 5159 1686 AFTER HOURS: 0474 017 705

EMAIL: omeopharmacy@gmail.com DELIVERY AVAILABLE









### **FOR SALE**

Subaru Forester 2004, 119.668 kilometres,

Just been serviced and in good running condition with usual marks etc for it's age.

Selling as is \$6,000 Ring 0428 591377



### 3HCR HIGH COUNTRY RADIO

Will be holding their AGM on SUNDAY 25th AUGUST 2.30 pm. at the Omeo Community Hub, Day Ave. Please come along, support this great Asset before we loose it.

Interested? Phone Sec. **0439 194042** 



### CHIROPRACTOR DR RICHARD HOWDEN

Will be available at Swifts Creek Sat August 24th

FOR APPOINTMENTS & DIRECTIONS Please phone **51554400** before noon Friday



Daily Services between Melbourne - Bairnsdale - Omeo Bairnsdale Depot - Grinters Transport, 16 Lawless Street, Bairnsdale, 3875

**Melbourne Depot** - Vic Freight Specialists, 13B, 13-17 Progress Street, Dandenong, 3175

Omeo Depot – Omeo Welding & Engineering & Equipment Hire, 87 Bilton Street, Omeo, 3898 Phone: (03) 5152 5778 Fax: (03) 5152 3329

Mobile: 0418 516 857 Email:

admin@grinters.com.au
Pallets Parcels

- Livestock . Hay .
- Machinery . Bulk
- ♦ General . Wool
- Refrigerated Freight . Farm Equipment

Leaves 9.30am from Bairnsdale to Omeo



### Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875 Phone: Maureen 0402 001 593 Jens **0402 006 268** 

Many fabrics to choose from for all your furnishing needs Over thirty years in Business and 76 years' experience in the industry, between us we can help you.

Including car and motorbike seats

- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- Groceries
- ➤ Gas Bottles

➤ Meat

- ➤ Bottle Shop
- Fruit & Veg
- ➤ Post Office
- ➤ Fuel ULP & DSL + Winter Mix
- > Breakfast & Lunch Daily until 2pm
- Fish & Chips Friday Nights 4pm-7pm
  - Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit & Vegetables

Drop in and meet our awesome team to grab a bite to eat or stock up on supplies for your adventure around Sunny Benambra

#### TRADING HOURS

Weekdays 8am - 5:30pm Weekends 9am - 5pm Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing, Mains and solar operated

TV Installation and servicing of both Satellite &" Terry"

Generator - Sales/Hire/Installation/

Mains to Generator changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations Industrial to domestic..

Competitive rates and servicing the Omeo region

Contact Jeremiah on 0418 909 978







Junior LEGO enthusiasts are invited to attend our after– LEGO Club school sessions.

The sessions incorporate freestyle activity and themed construction activities.

#### **Donations Welcome**

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

For more information, phone **51524225** or ask in person at the library about these FREE sessions.



**Omeo Service Centre** 

3.30pm-4.30pm Every Wednesday Except School Holidays

All Children must be accompanied by an adult



### GLASS & GLAZING -

WINDOW REPLACEMENTS

SHOWER SCREENS – ROBE DOORS –
 SECURITY DOORS – FLY SCREENS &
 MORE

Servicing - Ensay, Swift Creek, Omeo, Benambra & Dinner Plain

OFFICE: 51526791

JUSTIN: 0457775168 emailsales@allscreensgippsland.com.au

www.allscreensgippsland.com.au



Specialising in the following services
Potable Water Cartage
Transport of general freight, Agricultural goods,
Motorbikes, Quad bikes, Mowers
Small tractors, SXS's, Machinery parts,
Bagged grain and much more.
Reasonable rates

Truck equipped with1,000 KG. tailgate loader
Full tarpaulin if required,
ability to load and unload goods
with 1.6 tonne all terrain pallet jack.
Truck capabilities: 6.tonne, 4x4
Tray size: 5.5 mtrs x 2.4 mtrs.
Flat top trailer 6.3 mtr x 2.5 mtr

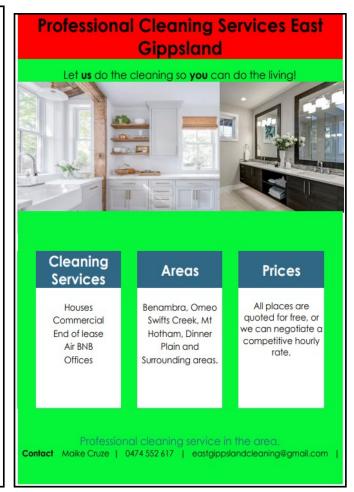
Transporting weekly to Omeo and district from Albury/Wodonga Corryong
Orders phoned or emailed by Tuesday
11 am For delivery on Wednesdays

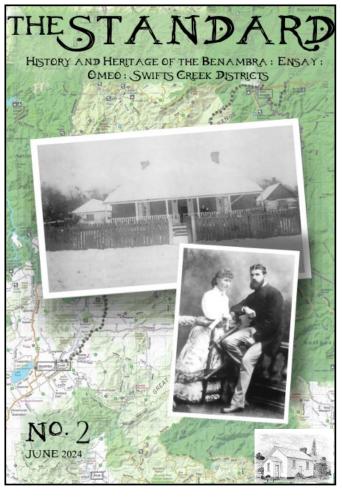
Contact Mark for delivery charges on 0428 264 480

Mark @tectronix.com.au

### **INVITATION**

Sunday 25th August at 2.30pm
Oscar, 3HCR High Country Radio
committee & friends will be meeting.
They need your help to stay on air!
TUNE IN this week to 90.9 or 97.3
If you feel you can be of assistance
in any way please come along on
Sunday. The meeting will be held at
The community Hub. Day Avenue.
I know I will miss the nonstop music if
we have to walk away & close the door.
Lorna Peterson. Sec. 3HCR.







### **Opening Hours**

Friday from 5pm Sunday Breakfast 8am 12pm Sunday Lunch 12- 2pm





### SUBSCRIBERS PLEASE NOTE

www.omeo.org.au/newssheet

**Phone**www.omeo.org.au/newssheet

Phone: 5159 1515

All articles for the newssheet to be in by 12.00 noon on the Monday before publication.
(Wednesday)

Prices for Newssheet Ads are as follows

Full Page A4 \$40

1/2 Page.\$20.00

1/4 Page.\$10.00

1/8 Page.\$ 5.00

Please state what size you require & How Long /Dates you would like it

advertised for. Thank You



PH: 5159 1515



### **The Fall Guy**



Join us for a viewing of the film, The Fall Guy! Colt Seavers is a battle-scarred stuntman fresh off an almost career-ending accident. He is persuaded to return to his stunt career when he's told his ex, Jody, is directing a film and asked for him specifically.

With hopes of winning back the love of his life, Colt returns to set only to find the movie's leading man missing and production in peril. Ensnared in an increasingly wild conspiracy, he must solve the mystery to save Jody's film and get one last shot with her.

**Omeo Service Centre** 

Tuesday 3 September 2.00 pm - 4.15 p m

I II / / / / Libraries Change Lives Book Now At Your Library 5152 4225

### **Hay for Sale**

Round bales
Second Cut Lucerne
\$150 +GST
Stephen Richardson
Swifts Creek
Phone 0407 803 830



### PAYNES HUT ACCOMODATION

SITUATED ONE HOUR N/W OF OMEO OPENING FOR THE SEASON

FROM 1st OCTOBER 2024



Enjoy some one cooking for you, or cook for yourselves in our outdoor kitchen. visit the website payneshut@skymesh.com.au or phone 0351597255



#### **PHYSIOTHERAPIST**

Robert Hughes is a qualified and extremely experienced
Physiotherapist from
McMillan Chiropractic

Robert will be available at Swifts Creek Bush Nursing Centre Wednesday, 21<sup>st</sup> August, & 18<sup>th</sup> September 2024

FOR APPOINTMENTS Please phone 5150 243
NO GP Referral required.



#### **SWIFTS CREEK BUSH NURSING CENTRE**

T. 03 5150 2430 F. 03 5150 2439 Email. susan.carroll@gha.net.au

17 McMillan Street, Swifts Creek 3896 Open 9am until 5pm Monday to Friday

9am until 11am Weekends

Emergency on-call available after hours

Nursing services: No appointment required.

You are required to pay an annual membership fee or otherwise a non-member fee.

A <u>Rural and Isolated Practice Nurse</u> is available for wound infections.

Assistance with Virtual Emergency consults.

Pathology: Every Weekday, 9am until 9.45am

Women's Health

Ante/Postnatal Care

Suturing

Memberships

Family \$140, Single \$70 due 31st July each year

Hire of Equipment

Home visits if required.

24hr Bp monitor

**Immunisations** 

SCBNC
SWIFTS CREEK
GUSH NURSING
CENTRE INC.

Webpage – https:/

www.swiftscreekbushnursingcentre.com.au

### **Ensay Bush Nursing Centre**

T. 03 51502416 F. 03 51502419 email: <a href="mailto:ensaybnc@gha.net.au">ensaybnc@gha.net.au</a>

ENSAY ENSAY

5 Great Alpine Road

Ensay, VIC. 3895

Open 9am until 3pm Monday to Friday

or 8.30am-9am and 3-3.30pm emergencies only

Nursing services; No cost No appointment required.

Pathology Monday to Friday 9 am until 10.30 am- No cost. No appointment required

Footcare: Approximately 6 weekly, \$15.00 cost ring for an appointment

Walk and morning tea: 1<sup>st</sup> Friday of each month may include some craft activities, no cost only delicious homemade cakes etc.

**RFDS** mental wellbeing: Fortnightly face to face and telehealth model.

<u>Memberships:</u> \$50.00 family and \$25.00 single due 31<sup>st</sup> of July each year, pro-rata payments accepted for new members.

**<u>AGM:</u>** Occurs on the second Monday of October all welcome, new members to the COM welcome.

Follow us on facebook and our webpage for events and employment opportunities.

WEBPAGE

https:/www.ensaybushnursing.com.au



Time: 11am till 2pm Date: 6th October

Come to 'Dejalis' Benambra park for a Spring Fair with games, Apple bobbing, Donuts on a string, face painting and more. All activities covered with a Gold coin donation. CWA providing BBQ lunch, Cake Stall, Fairy Floss and Popcorn at a small cost.

#### CASH ONLY EVENT.





### **REQUEST FOR TENDER**

The following Tender closes at 12.00pm on Wednesday 18 September 2024:

CON2025 1706 Provision of Electrical Services

Tender documentation is available at tenderlink.com/egippS

Invitees must submit their Tender electronically via TenderLink

For enquiries phone East Gippsland Shire Council on

03 5153 9500

### **OMEO COMMUNITY** MEETING

Come and say hi in September - we would love to answer any community questions about the upcoming Get Together









**LUNCHTIME INFO SESSION TO BE HELD DURING OUR SEPTEMBER** KIDS HORSE CLINIC



MEET MCAV PRESIDENT, CASS MCCORMACK

## SWIFTS CREEK HALL WE NEED YOU!

The Swifts Creek Hall has been undergoing substantial renovations over the past year or so, courtesy of a grant from the Black Summer Bushfire Recovery Fund.

This includes the complete upgrading of the kitchen with commercial standard oven, fridge and freezer; renovation of the old supper room as a mid-sized meeting space, and the establishment of a multi-function space at the rear of the hall, complete with toilets and showers.

Now that the Hall is nearing completion, the committee would very much welcome additional committee members to shape the next phase of growth.

We would also welcome volunteers who may not want to be on a committee, but would happily set up working groups to look at project such as:

Creating the hall as a welcoming community space

Promoting the Hall as an event space (weddings, dances, auctions)

Creating and marketing event packages

Organising events

Increasing the Hall's internet presence

New initiatives

Anything else

Please call Hall President, Pauline Fox, on 03 5159 4317 with any queries

### SWIFTS CREEK HALL ANNUAL GENERAL MEETING

Thursday 29 August, 5.30pm - 6.30pm

Meeting room in the new multi-purpose room, Swifts Creek Hall With the completion of the Hall upgrade, the Swifts Creek Hall Committee is calling for new members to join the committee to shape the next phase of growth of the Hall.

New ideas, skills, experiences very welcome to develop this valuable community asset.

All positions will be open for nomination.

# DESIGN TO PRODUCTION WORKSHOPS



A five part series of workshops to turn your designs into products!

**WORKSHOPS 3/4 (TWO DAYS)** 

### **Cricut for Beginners**

With Cricut Expert and Ambassador Sharon Richardson.

Learn to use the Design Space program and the Community Centre Cricut machine. Make a range of projects using cardstock, vinyl, Iron-On and faux leather. Think of the possibilities!

This workshop is an artist's and crafter's dream! Don't miss it! Materials and lunch supplied.

SATURDAY 24 AUGUST 10-5 SUNDAY 25 AUGUST 10-4



### **REGISTER HERE:**

https://www.trybooking.com/CUERR



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COMMUNITY CENTRE
SWIFTS CREEK
0491 697 298
ccswiftscreek@gmail.com





### WOMEN'S HEALTH NIGHT

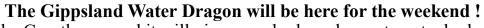
"SCREENING DOWN UNDER"

19th September @ 6pm



Let's talk about Cervical Screening, Breast Screening & Bowel Screening

a Swifts Creek Bush Nursing CentreRSVP please call 5150 2430Childcare, Food & Beverages provided



in the Courthouse and it will give everybody a chance to get a look and come inside the newly restored (nearly) building.

The dragon has lights and a cheerful smile so come along and enjoy.

The East Gippsland Water Dragon is named after Alfred Howitt who has such a large part to play in the Omeo Shire story.















